



Another reason  
to choose us.

## Royal Cambridge Home – Menus

### WEEK 1 – Lunch

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Chili con carne and rice Or Fish Pie with peas and baby carrots	Sausages, mashed potatoes & onion gravy Courgettes & sweetcorn Or Vegetarian sausages	Roast chicken with stuffing Herb diced potatoes Parsnips Broccoli Or Macaroni Cheese	Beef meat balls in tomato sauce Croquette potatoes Or Swede & carrot mash Or Vegetable lasagne	Battered haddock, or scampi, or fried egg & chips Peas & sweetcorn Or Poached fish Mashed potato	Lancashire hotpot, cabbage & cauliflower Or Vegetable hotpot	Roast turkey with stuffing Roast potatoes, carrots, Brussel sprouts Or Cauliflower bake
Bakewell tart & custard	Bananas & custard	Tiramisu	Apple strudel & custard	Rice pudding & jam	Bread & butter pudding with custard	Fruit salad

### Week 1 - Supper

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lentil soup Ham sandwiches Or Fried egg and bread and butter	Vegetable soup Cream cheese & cucumber sandwiches Or Jacket potato, cheese & coleslaw	Cream of asparagus soup Tuna mayo sandwiches Or Corned beef hash	Pear & watercress soup Pink salmon sandwiches Or Sausage rolls & baked beans	Carrot & coriander soup Egg mayo sandwiches Or Coronation chicken salad	Fresh pea soup Cheese & pickle sandwiches Or Scrambled egg on toast	Selection of sandwiches
Madeira cake	Victoria Sponge	Peaches & cream	Fruit trifle	Cheese and biscuits	Danish pastries	Arctic roll

*Salad / Omelette / Jacket Potato / Chicken available as an alternative lunch.*

*Yoghurt / ice cream as an alternative dessert.*



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## WEEK 2 – Lunch

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Chicken and mushroom tagliatelle with mixed veg Or Vegetable gratin	Liver and bacon Or Smoked haddock Kedgeree with curry sauce	Beef cobbler, boiled potatoes Swede & courgettes Or Vegetable ratatouille	Chicken pie & gravy New potatoes Fresh carrots Fresh green beans Or Spanish omelette	Battered cod, or scampi, or fried egg & Chips & peas, Tomato Or Poached fish Mash potato	Cottage pie, cauliflower, broccoli Or Vegetable casserole	Roast pork & apple sauce Roast potatoes Mixed veg Brussel sprouts Or Cheese & Onion Quiche
Sticky toffee pudding & custard	Baked apple & custard	Fudge pudding & chocolate sauce	Key Lime pie	Fresh fruit salad	Boodle's orange fool	Eton Mess

## Week 2 - Supper

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Sweet potato & red pepper soup Tuna mayo & cucumber Sandwiches Or Bacon & Oven chips	Minestrone soup with a roll Ham Sandwiches Or Spaghetti on toast/bread & butter	Vegetable broth Cheese & tomato Sandwiches Or Bubble & squeak with poached egg	Fresh celery soup Salmon Sandwiches Or Cauliflower Cheese	Chicken soup Sandwich spread sandwiches Or Corned beef hash	Carrot & Parsnip Soup Egg & cress sandwiches Or Prawn cocktail & bread & butter	Selection of sandwiches
Cheese and biscuits	Fruit cake	Yoghurt	Arctic roll	Baked egg custard	Blackcurrant Cheesecake	Strawberry Gateau

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### WEEK 3 - Lunch

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Beef stew Leek, swede & Mash potato Or Vegetable Moussaka	Chicken Korma with rice Broccoli & carrots Or Vegetable curry & rice	Honey glazed gammon Croquette potatoes Parsnips & fresh green beans Or Vegetable risotto	Spaghetti Bolognese Mixed veg Or Quiche Lorraine	Battered cod or scampi, or fried egg & chips Sweetcorn & peas Or Poached fish Mashed potato	Steak & kidney pie Duchess potato Broad beans & cauliflower Or Vegetable stew	Roast Lamb with mint sauce Roast potatoes Cabbage & carrots Or Cauliflower bake
Pears and ice cream	Banana fritters with caramel sauce	Sherry tart & custard	Syrup sponge & custard	Apple crumble With custard or cream	Tiramisu	Semolina and jam

### WEEK 3 - Supper

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Watercress & potato soup Creamed cheese Sandwiches Or Poached egg on toast	Cauliflower soup Paté & tomato Sandwiches Or Kippers with bread & butter	Golden vegetable soup Tuna mayo Sandwiches Or Macaroni cheese	Fresh leek soup Sandwich spread sandwiches Or Creamed mushrooms on toast	Mulligatawny soup Ham & tomato sandwiches Or Gala pie & mixed salad	Butternut squash soup Chicken Sandwiches Or Sardines on toast	Selection of sandwiches
Cheese and biscuits	Cream Jelly	Meringue & fruit	Lemon sponge	Trifle	Lemon Gateau & cream	Peaches & cream

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### WEEK 4 - Lunch

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Sweet & Sour chicken with rice Mixed veg & courgettes Or Tuna pasta baked	Poached salmon Leeks & sweetcorn & baby new potatoes Or Vegetable casserole	Braised steak, Herb diced potatoes Carrots & peas Or Vegetable stew	Shepherds pie Asparagus & swede Or Vegetable pie	Battered Haddock, or Scampi, or fried egg & chips Sweetcorn, Peas Or Poached fish & mash potatoes	Lamb casserole Mash potato Cauliflower, Brussel sprouts Or Cauliflower bake	Roast beef Roast potatoes Yorkshire pudding Roast parsnips cabbage Or Leek & potato pie
Rhubarb crumble & custard	Lemon meringue pie and cream	Rice pudding and cream	Fresh fruit salad	Apple tart Tatin & ice cream	Key Lime pie	Eton mess

### WEEK 4 - Supper

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Cream of parsnip soup Cheese & pickle Sandwiches Or Jacket potato, cheese & coleslaw	Broccoli & stilton soup Corned beef Sandwiches Or Cheese on toast	Tomato Soup Prawn mayo Sandwiches Or Scotch egg & salad	Sweet potato & lentil soup Chicken Sandwiches Or Baked beans on toast	Chicken Soup  Sandwich spread sandwiches Or Quiche with mixed salad	Fresh leek & potato soup  Beef sandwiches Or Fish fingers & oven chips	Selection of sandwiches
Cheese & biscuits	Yoghurt	Fruit Flan	Scones & Cream	Summer fruit, jelly & ice cream	Gooseberry fool	Vienetta ice cream

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