

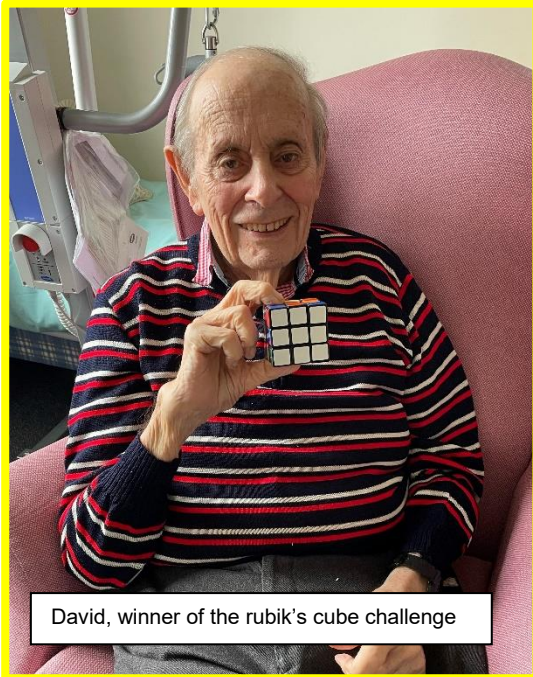
# Home Matters



The newsletter for The Royal Cambridge Home

Everyone's a winner in March 2023

Celebrating inclusiveness in all that we do



David, winner of the rubik's cube challenge

## Welcome

The days are getting longer folks! It does feel as though early Spring is here and on that note just a gentle reminder that our clocks go forward on Sunday 26<sup>th</sup> March. It might mean an hour's less sleep but the extra daylight in the evening is going to be fabulous.

We were hoping to give you an update on our redevelopment, with news that the contract has been signed by all parties. We are very nearly there. Behind the scenes Chairman, Robert Dowler, has been in negotiations and as such he reports "*frustratingly we edge ever closer to the moment when everything is signed off....*". We are all looking forward to that moment and we promise you there will be a special "Redevelopment Bulletin" which will be sent out as soon as the ink is dry on the contracts. Listen out for those champagne corks popping folks as we will be celebrating very hard on this.

## A competitive look back...

Edna and our Tina continue to play dominoes very seriously. Picture on the right shows a delighted Edna after winning the February challenge. Stakes are high as we go into the March tournament.

We had the annual "Flip & Dash Pancake Competition" which led to many screams and high jinks and an awful lot of cheating. Congratulations to Pat who won the residents' dash. Controversy surrounds the staff winner...Rory, as there were lots of nudges, pushes and illegal runs. A steward's enquiry is still ongoing.



Dominoes Champion Edna



## New Residents

We welcome John as a permanent new resident to the Royal Cambridge. We also welcome Peter who is here for a short period of respite. Welcome to both gentlemen and we hope you settle in and enjoy the Home.

## Home Maintenance

We are delighted to advise you all that one of our bedrooms has recently been converted into an ensuite and refurbished and this is now occupied and looking very smart.

Our old care team office is empty, as Vicky and the team have moved to their lovely new office on the top floor. Works are now underway to instal an ensuite and decorate their old office so that we have a sparkling new resident bedroom.



Pancakegate with Rory and Ita



Janet

## Coming up in March

We have our usual eclectic mix of creative craft sessions, musical entertainment and of course keep fit. We will of course be doing ad hoc walks to the river and minibus trips if the weather permits. Please check our main diary of events for the full schedule. Below are some of the highlights to note:

- **Residents' Meeting** – Wednesday 1<sup>st</sup> March at 11.00am – Dining Room
- **Carol the singer** – Wednesday 8<sup>th</sup> March at 11.00am – Main Lounge
- **St Paul's Church Choir** – Tuesday 14<sup>th</sup> March at 11.00am – Main Lounge



Pancakegate 2 – Attalia and Rojina





## Condolences

Our condolences go out to the many friends of dear Cliff, who departed these shores recently. Cliff was an incredibly kind and gentle man, who was loved by all of us.  
Rest in peace dear Cliff.



### Social Media

Follow us on Instagram for all the latest photos and news as well as our website [www.royalcambridgehome.org](http://www.royalcambridgehome.org)

#### Useful Telephone Contacts

**We are a proud equal opportunities employer and Living Wage Employer. We value and respect every single member of our team and equally we expect that in return. Thank you.**

*Welcoming everyone, regardless of disability, pregnancy, age, sex, gender reassignment, marital status, race, sexual orientation or religion*

**LGBTQ+** (Lesbians, Gays, Bisexuals, Transgender, Queer (or sometimes questioning) and others) **Switchboard** – 0300 330 0630

**Citizens Advice Bureau** – 01932 248660

**Alzheimer's Society** – 01372 729988

**Safeguarding Advisor** – 07968 834157

**Mental Health Services** – 01372 203400

*A more extensive list of our local advocacy services is in the hallway and main office should you need them.*

# March 2023 Diary

	Morning	Afternoon
Wednesday 1	11.00am – Residents' Meeting	2.35pm – Welsh Quiz & Teatime Treats
Thursday 2	11.00am – Kits Knits	2.30pm – Flower Craft
Friday 3	<b>Grace, the hairdresser</b>	2.30pm – Residents' Choice
<b>Saturday 4</b>		
<b>Sunday 5</b>		
Monday 6	10.30am – Activity Table	2.30pm – Craft Session
Tuesday 7	10.30am – Minibus Trip	2.00pm – Dawn, G Fitness
Wednesday 8	11.00am – Carol Singer	2.30pm – Holi Celebrations
Thursday 9	10.30am – Kits Knits	2.30pm – Bingo
Friday 10	<b>Grace, the hairdresser</b>	2.30pm – Residents' Choice
<b>Saturday 11</b>		
<b>Sunday 12</b>		
Monday 13	10.30am – Musical Keep Fit	2.30pm – Residents' Choice
Tuesday 14	10.30am – St Paul's Church Choir	2.00pm – Dawn, G Fitness
Wednesday 15	10.30am – Minibus run	2.30pm – Quiz
Thursday 16	10.30am – Kits Knits	2.30pm – Liliana, Florist
Friday 17	<b>Grace, the hairdresser</b>	2.30pm – Residents' Choice
<b>Saturday 18</b>		
<b>Sunday 19</b>		
Monday 20	10.30am – Driving Keep Fit	2.30pm – Craft session
Tuesday 21	10.30am – March Bingo	2.00pm – Dawn, G Fitness
Wednesday 22	10.30am – Keep Fit – followed by Seated Netball	2.30pm – Indian Taster Session
Thursday 23	10.30am – Kits Knits	2.30pm – Residents' Choice
Friday 24	<b>Grace, the hairdresser</b>	2.30pm – Residents' Choice
<b>Saturday 25</b>	<b>10.00am-4.00pm - Gillian</b>	
<b>Sunday 26</b>		
Monday 27	10.30am – Keep Fit with pom poms	2.30pm – Bingo
Tuesday 28	10.30am – Minibus Drive	2.00pm – Dawn, G Fitness
Wednesday 29	10.30am – Singalong with Gay (back by popular demand)	2.30pm – Activity Table
Thursday 30	10.30am – Kits Knits	2.30pm – Flower Crafts
Friday 31	<b>Grace, the hairdresser</b>	2.30pm – Residents' Choice

*Please note, all activities may be subject to last minute changes and the great British weather. If you would like anything added or suggestions for forthcoming activities, please do let us know and we will see what we can do!*