

Home Matters



The newsletter for The Royal Cambridge Home

*A great place to live, work and visit...
Celebrating inclusiveness in all that we do*

A very bouncy March 2025



Hello all you March hares



We just adore this fantastic photo of Frances and Bob enjoying a laugh.

Good news folks, we are fast approaching spring! The days are getting longer and at the end of this month we will be springing forward officially into Spring as the clocks go forward on Sunday 30th March. We will all lose an hour's sleep but the good news is the evenings will be lighter! Well-deserved after the long, and dare we say it, dull winter.

A fabulous February was had by all, we had some terrific entertainment, including one of our home favourites, Liam, our professional singer, who brought along one of his many chihuahua's with him, the debonair Albus! Oh we were charmed and as for Liam's singing, an absolute treat.

Gay boarded the minibus and drove a few of us off to Garsons Farm for a rather lovely morning out. Yes folks, you have guessed it, tea and cake was the order of the day as we sat back and relaxed.

We enjoyed the very talented Tony,

the accordion player, as we all swayed and sang along to some truly wonderful music. Always a joy.

Talking of joy, Becky, our musical entertainer got us all up, dancing and laughing along with her as the hour flew by in a flash. She's a real tonic.

The knitting club resumed in full swing. If anybody has a birthday coming up be prepared for a knitted surprise!

And finally...we said a fond farewell to our Louise, who after many dedicated years as part of the domestic team with The Royal Cambridge, hung up her duster for one last time to enjoy some well-deserved retirement. She is looking forward to lots of dog walking and a new life in Lincolnshire with her sister and brother-in-law.



Our Louise with Rory and Robert our chairman



Thank you Louise and all the best for the future.

Home Improvements



Relax in Style - We are thrilled to announce that we have redeveloped part of the ground floor into a lovely new seating area. This is particularly useful for some of our residents on the ground floor. If anybody is visiting residents, please feel free to use this area. It looks out onto our beautiful south facing garden. We think you will all agree our designer has done a splendid job.

This gives us another place to relax in if we want a slightly quieter area.

Garden – Seton and his hardworking team at Garden Rescue have been busy creating magic in our garden. They are making excellent progress on putting in a fantastic path, so we can either walk or glide round on wheels. We cannot wait. In fact, as this newsletter goes to print, some early Spring sunshine is gracing the sky and a few of us went out onto the patio to enjoy the rays. Perfect!

Relatives & Friends Meeting

Calling all relatives and friends of the Home. As some of you may recall from our previous building at No. 82, we held, what proved to be, popular Relatives & Friends Meetings. We are very pleased to announce the first one ever to be held in No. 84 will be on **Wednesday 2nd April from 6.30pm-7.30pm**.

For those of you that haven't been before, this is a great opportunity to come along and enjoy some wine and nibbles with staff and other relatives and friends. Our chairman Robert Dowler and a couple of our Trustees will also be in attendance. This is a very informal gathering and if you would like to join us please advise either Sue or Melissa in the main office. An email will be circulated to all in due course, but in the meantime, please hold the date.



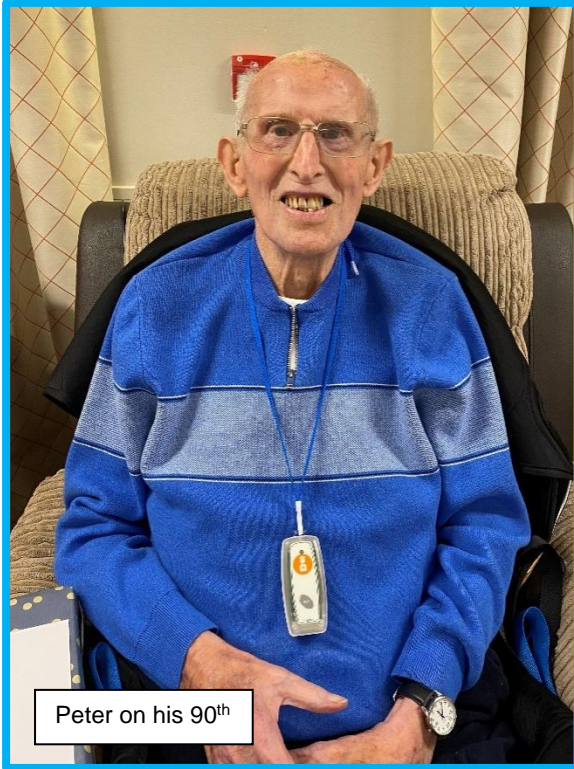
Don't forget to review us if you have not already done so! Also, please have a think about redoing a review if you have done one previously as they expire after a couple of years. It is a little like Trip Advisor for the care sector and the more reviews we receive go towards an unofficial overall rating score. It is a good platform to leave feedback - [carehome.co.uk - reviews](https://www.carehome.co.uk/reviews)

From there click on "Submit a Review" and you will be able to review us. We also have prepaid review cards if you prefer not to use an online platform.

Thanks everyone – this helps us enormously.



Alan with the incredibly cuddly Albus



Peter on his 90th



Resident Birthdays

We will be celebrating the following two lovely ladies' birthdays (no doubt with a buffet and laughter):

6th March – Jill

8th March – Eileen R

Happy birthday to both and enjoy your special days.



Good friends Janet & Joyce

Director / Trustee Recruitment

The Chairman and our team of Directors and Trustees would very much like to recruit another person to support the team. The position is a voluntary one. The ideal person would need to have a professional background and we would be particularly interested in an area such as Legal, HR, Care or Nursing. If anyone is interested or indeed knows of someone who might, we would very much like to hear from you. Please contact Rory Belfield in the first instance.



Alma at Garsons with a rather delicious hot chocolate – ooh that looks so good...

Staff Recruitment

We are currently recruiting for the following staff positions:

- Part-Time qualified and experienced **Bookkeeper** (over three days)
- Part-Time and experienced **Facilities Manager** (hours to be arranged)
- Experienced and qualified **Care Assistants** (both part-time and full time)
- **Weekend Laundry Assistant**
- **Weekend Evening Cleaner**

This is a great time to join our fabulous team in No. 84.

Our Activities Team



Tina following her Flower crafting class – don't they look like Spring!



Our champion Knit Gay

And finally...what's coming up?

As you can see from the list below, we have some real treats coming up. New to us is The Elmbridge Us3 Jazz Band; which we are sure will be a lot of fun – can't wait!

- **Residents' Meeting** – Thursday 6th March at 11.00am in Main Lounge
- **Hope of Spring Talk** – Monday 10th March at 2.00pm in Main Lounge
- **Pub Lunch** – Wednesday 12th March – Departing late morning
- **Elmbridge Us3 Jazz Band** – Thursday 13th March at 2.00pm in Main Lounge
- **Harry the Opera Singer** – Monday 17th March at 11.00am in Main Lounge
- **Liam, Singer** – Thursday 27th March at 11.00am in Main Lounge

Please refer to the main diary at the back for the full suite of activities and entertainment.

Social Media

Follow us on Instagram for all the latest photos and news as well as our website www.royalcambridgehome.org

Useful Telephone Contacts

We are a proud equal opportunities employer and Living Wage Employer. We value and respect every single member of our team and equally we expect that in return. Thank you.

Welcoming everyone, regardless of disability, pregnancy, age, sex, gender reassignment, marital status, race, sexual orientation or religion

LGBTQ+ (Lesbians, Gays, Bisexuals, Transgender, Queer (or sometimes questioning) and others) **Switchboard** – 0300 330 0630

Citizens Advice Bureau – 01932 248660

Alzheimer's Society – 01372 729988

Safeguarding Advisor – 07968 834157

Mental Health Services – 01372 203400

A more extensive list of our local advocacy services is in the hallway and main office should you need them.

March Arrives

by Catherine Pulsifer

In the realm where seasons weave their dance,
March arrives, bringing a hopeful chance.
Equinox whispers of celestial might,
Winter's grip fades, surrendering to light.

As the sun's rays caress the earthly floor,
Day and night harmonize like never before.
On this vernal equinox, nature aligns,
A tapestry of wonders, where magic intertwines.

In the Northern Hemisphere, spring awakes,
Awakening dormant life from slumber's embrace.
Budding blooms stretch toward the azure sky,
Embracing warmth with a joyful sigh.

And as we bid farewell to winter's cold,
Nature's canvas is painted with hues bold.
From gentle blossoms to vibrant leaves,
A symphony of colours, a joy that never leaves.



March 2025 Diary

March	Morning	Afternoon
Saturday 1		
Sunday 2		
Monday 3	11.00am – Keep Fit	2.30pm – Knit & Natter at St Paul's
Tuesday 4	11.00am – Pancake Race	2.00pm – Manicures
Wednesday 5	11.00am – Hampton Court Trip	2.00pm – Dawn, G Fitness
Thursday 6	11.00am – Residents' Meeting	2.00pm – One-to-Ones
Friday 7	Grace, the hairdresser	2.00pm – Residents' Choice
Saturday 8		
Sunday 9		
Monday 10	11.00am – Bingo	2.00pm – Hope of Spring Talk
Tuesday 11	11.00am - Manicures	2.00pm – Manicures
Wednesday 12	11.00am – Toby Carvery Pub Lunch	2.00pm – Dawn, G Fitness
Thursday 13	11.00am – Sweet Making	2.00pm – Elmbridge Us3 Jazz Band
Friday 14	All day - Grace, the hairdresser Competitions	Competitions
Saturday 15		
Sunday 16		
Monday 17	2.00pm – Harry, Opera Singer	2.00pm – Quiz
Tuesday 18	11.00am – Manicures	2.00pm – Manicures
Wednesday 19	11.00am – Hampton Court Trip	2.00pm – Dawn, G Fitness
Thursday 20	11.00am – St Paul's Coffee Morning	2.00pm – Flowercrafting
Friday 21	All day - Grace, the hairdresser Tesco Shopping	
Saturday 22		
Sunday 23		
Monday 24	11.00am – Keep Fit	2.00pm – “One for the Boys” Pub Visit
Tuesday 25	11.00am – Manicures	2.00pm – Manicures
Wednesday 26	11.00am – Girls Coffee Morning	2.00pm – Dawn, G Fitness
Thursday 27	11.00am – Liam, Professional Singer	2.00pm – Cake Decorating
Friday 28	All day - Grace, the hairdresser Competitions	2.00pm – Competitions

Please be aware all outdoor activities are subject to the great British weather! Please let the team know if you would like to suggest any activities.

Go forward with love in your heart