

Home Matters



The newsletter for The Royal Cambridge Home

Blue skies and flying leaves in November 2021

Celebrating inclusiveness in all that we do



Notes from the Chairman

It is with enormous relief and pleasure that I can report that the Planning Inspector published his decision on our Planning Appeal for the redevelopment of the Home, together with the proposed development of the extra care units for Sheppard Trust. Permission has been granted and so at long last we can now look forward to making progress to bring our plans to fruition.

As you will be aware, it has been some considerable time that the project has been in suspense during which we have had the pandemic and Brexit and inevitably circumstances will have changed the framework of the agreement which we have with Sheppard Trust and this will need to be re-examined in the light of current conditions. Time will be needed to make an up-to-date assessment and it will inevitably take some little while to reach a conclusion. Nothing is likely to happen until after the New Year so Rory and the staff will be making plans for the traditional Christmas celebrations to take place in the Home. As soon as we have further news however, we shall let you know.

Robert Dowler, Chairman – November 2021

The office goes wild

Thank you Robert for the update and for all the hard work and endless hours spent behind the scenes. When the news came through in the main office everybody flew off their chairs and whooped huge joys of delight. We then became concerned that we had jumped the gun until Rory clarified it with Robert. Then the celebrations started again! We are all so thrilled, for the residents, the staff and the community – what a future to be had. After the last couple of years being at the very forefront of Covid, we can finally see light at the end of the tunnel.



Cliff enjoys the cheese morning



Dawn with two of the lovely young bulb planters from Rainbows Molesey

We will of course be updating you all regularly in our monthly newsletters but in the meantime, let us enjoy the last two months of 2021 before the hard work commences. Definitely an extremely good excuse for celebrations!

Rainbows Visit

A big thank you to Gay, her sister Dawn and their delightful Rainbows group of Molesey, who came in to plant Spring bulbs. We shall look forward to the results next year.





Edna

Resident Birthdays

Well, this is an extremely special month for birthdays. On the 1st of the month Edna celebrates her 100th birthday. Nobody can believe it as she really does not look 100 at all. Have a wonderful day Edna.

And on the 21st Beryl celebrates her 80th. Her daughter provided some wonderful black and white photographs and memories of her Mum, which we have included in this edition, which we are sure you will love.

Happy Birthday dear Edna & Beryl.



Good friends Janet & Joyce enjoy the cheese morning

Staff News

We successfully recruited Wanpen, who joins the team as a Night Care Assistant. Welcome Wanpen.

Following a recruitment campaign, we are currently in the process of interviewing for a Care Manager and also a Care Assistant.

Trustee Recruitment

We are looking to recruit a new Trustee to support our Chairman Robert Dowler and our Trustees. The position is a voluntary one. The ideal person would need to have a professional background and we would be particularly interested in an area such as HR, Marketing, Care or Nursing. If anyone is interested or indeed knows of someone who might, we would very much like to hear from you. Please contact Rory Belfield in the first instance.

Minibus

Our trusted chariot has been into the garage and has had a full service and MOT and is now ready for some trips out.



What's coming up?

- Stella the chiropodist will be in on Monday 1st November.
- Gillian will be taking residents to Molesey Library on Thursday 11th at 2.30pm.
- Residents' Meeting – Tuesday 16th at 11.00am.
- On Thursday 18th November our Chairman and Trustees join us in the lounge for Stirring the Christmas Pudding. This will get us into the spirit of things!
- Finally folks we will be hosting our annual **Pyjama Day** on Wednesday 24th!



Social Media

Follow us on Instagram and Twitter for all the latest photos and news as well as our website www.royalcambidgehome.org

Useful Telephone Contacts

Welcoming everyone, regardless of disability, pregnancy, age, sex, gender reassignment, marital status, race, sexual orientation or religion

The Care Quality Commission (CQC) – 03000 616161
LGBTQ+ (Lesbians, Gays, Bisexuals, Transgender, Queer (or sometimes questioning) and others) **Switchboard** – 0300 330 0630
Citizens Advice Bureau – 01932 248660
Alzheimer's Society – 01372 729988
Safeguarding Advisor – 07968 834157
Mental Health Services – 01372 203400

A more extensive list of our local advocacy services is in the hallway and main office should you need them.

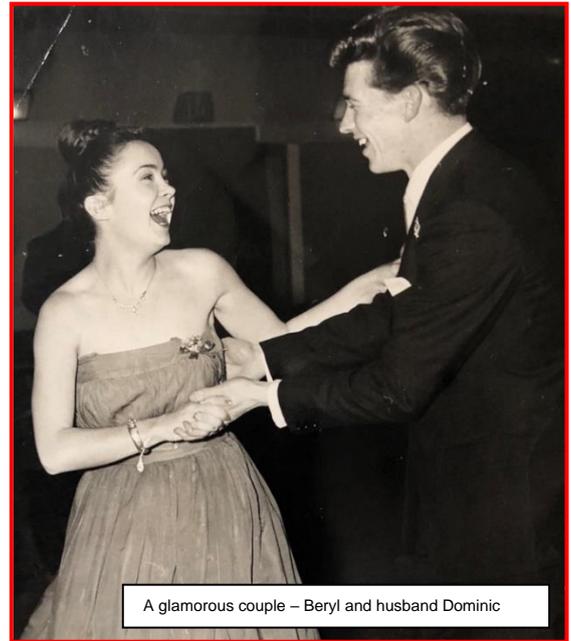
Beryl – A brief look back...

As we look forward to celebrating Beryl's 80th at the end of the month her daughter Natalie has supplied us with some truly lovely photographs of Beryl and some wonderful memories of her dear Mum.

Beryl was a war baby, born in November 1941. She grew up in Morden in Surrey and was Head Girl at her Secondary School and a valuable member of the school netball team.

She went on to become a GPO (BT nowadays) trained telephonist and worked in Gerrard Street, near China Town, London.

She married Dominic on 4th November 1960 and they had their only daughter Natalie a few years later.



A glamorous couple – Beryl and husband Dominic



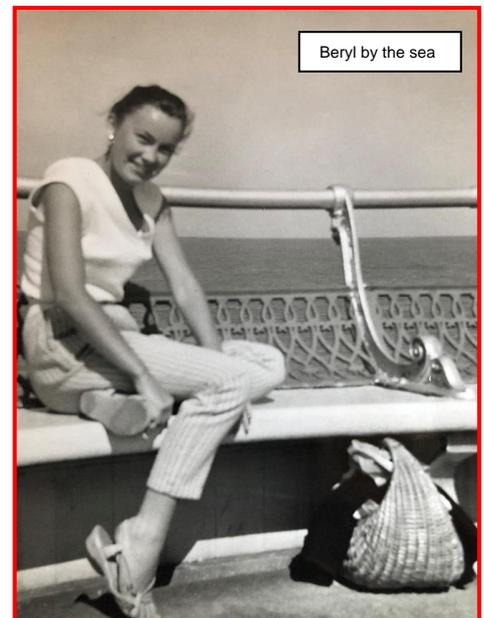
The face of OMO!

Beryl's brilliant claim to fame is that she clearly turned the heads of the marketing team at OMO Washing Powder as she was chosen as the face of their 1962 campaign and appeared in many of their adverts that year.

Beryl was a very good cook and extremely good at knitting. She helped out at Epsom Hospital for a number of years, arranging patient flowers.

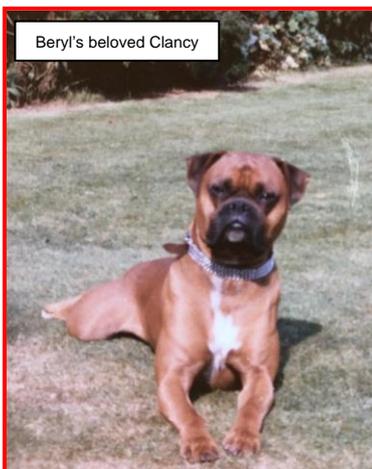
She loved Golf, and was a member of Kingswood Golf Club, and in later years The Royal Automobile Club, Epsom.

She has always adored dancing and loved Tony Bennett and Frank Sinatra, having been to concerts of theirs.



Beryl by the sea

One in particular being the Midnight Concert of Frank Sinatra at the London Palladium c1969....



Beryl's beloved Clancy



Dominic and Beryl on one of their concert nights

Beryl loves dogs and had a Boxer called Clancy whom she adored.

Her other passion is clothes and she very much enjoys a bit of retail therapy!! Still does! Although these days her daughter says she buys a lot online.

A Blustery November Diary 2021

November	Morning	Afternoon
Monday 1	Edna's 100th Birthday! Stella, the chiroprapist Gentle Exercises & Relaxation	2.30pm – Quiz Ball
Tuesday 2	10.30am – Skittles	2.30pm – Board Games
Wednesday 3	10.30am – Keep Fit	2.30pm – Hand Massages
Thursday 4	10.30am – Skittles	2.30pm – Quiz & Poetry
Friday 5	Grace, the hairdresser 10.30am – Games in the lounge	2.30pm – Friday Bingo
Saturday 6		
Sunday 7		
Monday 8	10.30am – Gentle Exercise & Relaxation	2.30pm – Jigsaw
Tuesday 9	10.30am – Activity Table	2.30pm – Liliana the florist
Wednesday 10	10.30am – Keep fit to music	2.30pm – Hand Massages
Thursday 11	10.30am – Seated Netball	2.30pm – Library visit
Friday 12	Grace, the hairdresser 10.30am – Parachute Game	2.30pm – Friday Bingo
Saturday 13		
Sunday 14		
Monday 15	10.30am – Residents' Choice	2.30pm – Residents' Choice
Tuesday 16	11.00am – Residents' Meeting	2.30pm – Residents' Choice
Wednesday 17	10.30am – Delicacies from around the World	2.30pm – Residents' Choice
Thursday 18	11.00am - Stirring The Christmas Pudding	2.30pm – Residents' Choice
Friday 19	Grace, the hairdresser 10.30am – Arts & Crafts	2.30pm – Residents' Choice
Saturday 20		
Sunday 21	Beryl's Birthday	
Monday 22	10.30am – Residents' Choice	2.30pm – Residents' Choice
Tuesday 23	10.30am – Arts & Crafts	2.30pm – Residents' Choice
Wednesday 24	Pyjama Day	2.30pm – Residents' Choice
Thursday 25	10.30am – Residents' Choice	2.30pm – Residents' Choice
Friday 26	Grace, the hairdresser 10.30am – Activity Table	2.30pm – Residents' Choice
Saturday 27		
Sunday 28		
Monday 29	10.30am – Gentle Exercise & Relaxation	2.30pm – Board Games
Tuesday 30	10.30am – Keep Fit	2.30pm – Quiz & Poetry

Please note, all activities may be subject to last minute changes and the great British weather. If you would like anything included or suggestions for forthcoming activities, please do let us know and we will see what we can do!

Happy November