

# Home Matters



The newsletter for The Royal Cambridge Home

May poles and May flies 2022

*Celebrating inclusiveness in all that we do*

## Welcome

Well folks, welcome back and huge apologies for the missing April newsletter! As you know, we were finally hit by Covid in the office around the time we were supposed to prepare the April edition and we had to put back a few things. Anyway, we all survived, fighting fit and ready for a summer of fun.

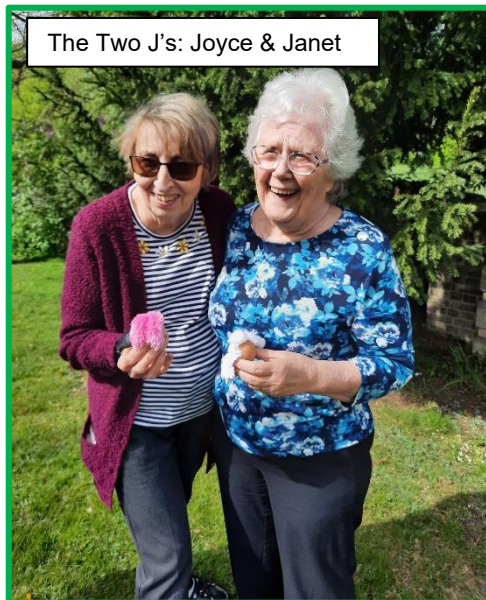
Consequently, we have quite a large selection of photos from the last couple of months and the weather has certainly helped as a backdrop for some great shots. Not to mention our garden, which is looking incredible.

We have enjoyed some great walks out along the river for some well-deserved spring weather, which has pretty much nearly always resulted in impromptu coffee and cake at the river cafes.

Also, as you know our Covid visiting guidance has recently changed and we can now receive visitors without them having to book up. This has made a huge difference to everyone and it finally feels a little bit more like the old days. On arrival, visitors sign in, wash their hands at the foyer wash basin, take their temperature and wear one of our masks and then they are ready to go. No more plastic aprons or gloves. We are nearly there folks. Plus, there are no restrictions on the amount of visitors per resident – wonderful news.

We are dipping our toes back in the water as far as booking up entertainers is concerned. Recently we had the Love Molesey choir, with our friend of the home Peter as accompaniment on the piano, well, what an absolutely fabulous hour that was. It was quite emotional (in a good way), so many people, including residents, staff and choir said how uplifting it was. Thanks everyone, it was a treat.

For Easter we had our dear friends of The Royal Hospital Chelsea In Pensioners' Band, headed up by Major Phil Shannon, entertain us with some toe tapping tunes in the lounge. Again, a real joy. As an extra treat, friend of the Home Louise, knitted each of our residents beautiful little sheep, with a hidden Easter egg inside.



The Two J's: Joyce & Janet



The Bournemouth party departs

As this newsletter goes to print, a group from the Home, driven by our Dan (normally Maintenance Manager!) in the minibus, head off for an overnight stay in Bournemouth, which will include a trip to Marwell Zoo on route with a Friday visit to the delightful New Forest. There will no doubt be updates on our Instagram page, not to mention a few select pics in the June edition! What fun.

So folks, sit back and enjoy some great photos from recent weeks, with an update of what is new, plus our diary for May. Let the sun shine.



Pat

## Resident News

We extend a very warm Royal Cambridge welcome to Pat, who is here for a period of respite. As well as looking after a big family over the years, Pat was also a well-regarded and successful portrait painter.

## Staff News

Following our recent recruitment campaign, we are very happy to report we have some lovely new additions to the team:

**Tina** has joined us as Combined Activities Coordinator and Quality Assurance/General Kitchen & Ancillary Support. Tina will be working alongside Gay in

providing a wide range of activities. An experienced school cook for many years, she will also support the kitchen and domestic team. Welcome Tina.

**Ewa** has successfully been recruited as a General Assistant, working alongside the cleaning and kitchen team. Date to be confirmed in due course. Welcome Ewa.

We are also in the process of recruiting for our new Care Manager, Day Care Assistant and part-time Friday afternoon Activities Assistant. We will update you in due course.



Tina

Congratulations also go out to our **Maria**, who has recently been promoted to Senior Carer, for an initial 12-month maternity cover which starts on 1<sup>st</sup> June.



but Sandra...you promised you would share...

Recently **Sandra** completed 25 years' service at The Royal Cambridge! What an achievement. We had a lovely surprise celebration for her with our Chairman Robert Dowler, presenting flowers and a cheque in a very packed lounge.

And lastly, well done to our **Amie** who after a lot of work and dedication, achieved her Level 2 Adult Care Worker certificate. Good work.



Rory, Amie & Vicky (plus cake)

Here comes the sun...





## Covid Update

In addition to our new visiting policy, staff continue to lateral flow test just twice a week. Residents and visitors are no longer required to test, which has been welcomed by all. This week all eligible residents received their summer booster, which is excellent news. Thank you everyone for your continued support on this. It certainly has been a joint effort.



## Grace our Hairdresser

Grace has been our visiting hairdresser for a number of years and in all the years we have known her the prices have remained the same. However, we think you will all agree that they have been extremely reasonable and with her recent price rise of £5.00 per treatment, they very much remain so. To give you an idea, a wash and set is now £15.00 and a wash, cut and set is now £20.00. Grace also offers perms and colours on request, but obviously these are a little more. Grace's normal hairdressing day is Friday.

Thank you Grace for all you do.

## Birthdays

Coming up this month:

12<sup>th</sup> Joyce  
25<sup>th</sup> Edie



Happy Birthday ladies. Let the good times roll (with cake).





## In Early May

By Bliss Carmen

O my dear, the world to-day  
Is more lovely than a dream!  
Magic hints from far away  
Haunt the woodland, and the stream  
Murmurs in his rocky bed  
Things that never can be said.

Starry dogwood is in flower,  
Gleaming through the mystic woods.  
It is beauty's perfect hour  
In the wild spring solitudes.  
Now the orchards in full blow  
Shed their petals white as snow.

All the air is honey-sweet  
With the lilacs white and red,  
Where the blossoming branches meet  
In an arbor overhead.  
And the laden cherry trees  
Murmur with the hum of bees.

All the earth is fairy green,  
And the sunlight filmy gold,  
Full of ecstasies unseen,  
Full of mysteries untold.  
Who would not be out-of-door,  
Now the spring is here once more!



# In Loving Memory of Esme

12/02/1922-13/04/2022



*We lost our dear friend and resident Esme, who after a brief illness left these shores. Esme had recently celebrated her 100<sup>th</sup> birthday and had a wonderful day, celebrating the day with a glass of champagne with her family.*

*She leaves behind a loving son Dominic and her friend for life, the beautiful Sooty (pictured with Esme back in the summer last year).*

*Rest in peace.*



## Social Media

Follow us on Instagram and Twitter for all the latest photos and news as well as our website  
[www.royalcambridgehome.org](http://www.royalcambridgehome.org)

### Useful Telephone Contacts

*Welcoming everyone, regardless of disability, pregnancy, age, sex, gender reassignment, marital status, race, sexual orientation or religion*

**LGBTQ+** (Lesbians, Gays, Bisexuals, Transgender, Queer (or sometimes questioning) and others) **Switchboard** – 0300 330 0630

**Citizens Advice Bureau** – 01932 248660

**Alzheimer's Society** – 01372 729988

**Safeguarding Advisor** – 07968 834157

**Mental Health Services** – 01372 203400

*A more extensive list of our local advocacy services is in the hallway and main office should you need them.*

# May Diary 2022

	Morning	Afternoon
<b>Sunday 1</b>		
Monday 2	10.30am – Keep Fit	2.30pm – Residents' Choice
Tuesday 3	<b>11.00am – Residents' Meeting</b>	2.30pm – Basketball
Wednesday 4	10.30am – Gardening Club	2.30pm – Quiz
Thursday 5	10.30am – Parachuting	2.30pm – Bingo
Friday 6	<b>Grace, the hairdresser</b>	2.30pm – Residents' Choice
<b>Saturday 7</b>		
<b>Sunday 8</b>		
Monday 9	10.30am – Keep Fit	2.30pm – Bingo
Tuesday 10	10.30am – Residents' Choice	<b>2.30pm – Liliana, Florist</b>
Wednesday 11	10.30am – Keep Fit	2.30pm – Skittles
Thursday 12	10.30am – Games in the lounge	2.30pm – Bingo
Friday 13	<b>Grace, the hairdresser</b>	2.30pm – Residents' Choice
<b>Saturday 14</b>		
<b>Sunday 15</b>		
Monday 16	10.30am – Keep Fit	2.30pm – Bingo
Tuesday 17	10.30am – River stroll	2.30pm – Quiz
Wednesday 18	10.30am – Keep Fit	2.30pm – Afternoon tea in the garden / riverside
Thursday 19	10.30am – Coffee & Cake in the garden	2.30pm – Bingo
Friday 20	<b>Grace, the hairdresser</b>	2.30pm – Residents' Choice
<b>Saturday 21</b>		
<b>Sunday 22</b>		
Monday 23	10.30am – Keep Fit	2.30pm – Bingo
Tuesday 24	10.30am – Gardening Club	2.30pm – Quiz
Wednesday 25	10.30am – Keep Fit	2.30pm – Afternoon tea in the garden / riverside
Thursday 26	10.30am – River Stroll	2.30pm – Bingo
Friday 27	<b>Grace, the hairdresser</b>	2.30pm – Residents' Choice
<b>Saturday 28</b>		
<b>Sunday 29</b>		
Monday 30	10.30am – Keep Fit	2.30pm - Bingo
Tuesday 31	10.30am – Lounge Games	2.30pm - Quiz

Please note, all activities may be subject to last minute changes and the great British weather. If you would like anything added or suggestions for forthcoming activities, please do let us know and we will see what we can do!