

# Home Matters

The newsletter for The Royal Cambridge Home

An ace of a July 2022

*Celebrating inclusiveness in all that we do*

## Welcome and a brief look back

OK folks, Wimbledon has started, the longest day came and went (with lovely blue sky), so it must surely mean one thing.....SUMMER IS HERE!

We have had a glorious June. A few of us headed out on the minibus, as guests at Founder's Day at The Royal Hospital Chelsea. This is a special annual event in our diaries and we are so appreciative of the invite and the marvellous hospitality we always receive at Chelsea. It was another memorable day and of course, a great opportunity to dress up.



Pat at Founder's Day

Our Jubilee celebrations were such fun and although the weather was, shall we say, very British, on the day before the bank holiday, we did not let that deter us and residents and staff held a fantastic street party in the main dining room. We enjoyed good old fashioned picnic food against a backdrop of red, white and blue.

The following day we put on a special musical morning, with Carol, a professional singer who entertained us in the lounge. We will be inviting Carol back again soon as she went down a storm.

Never one to miss an opportunity, Gay managed to press gang (sorry persuade) the Bushy Park ice cream van to visit. Well, what a hit that was! In 20 minutes we managed to almost clean out the van of ice cream and lollies. We get the feeling this may not be an isolated (or should we say ice-olated) visit.



Vidya & Lavinia



Janet & Sandra ready for Founder's Day

## Redevelopment

Tender packs have been sent out to prospective contractors for the demolition of no. 84. The deadline for submission is Friday 29<sup>th</sup> July. Obviously once a contractor has been appointed and we have a date for demolition works we will let you all know.

## Home Improvements

We are pleased to advise that we have recommissioned two rooms upstairs in number 82. These were previously an office and a laundry room. They have been completely refurbished to a very high standard and Janet & Joyce, who have formed a close friendship, have moved over to their new rooms. They join Beryl and Sally as opposite neighbours.

As the two rooms are not ensuite we have recommissioned and refurbished a communal residents' WC nearby. This way, residents will not have to climb stairs unnecessarily to visit the facilities.

Thank you to Dan, our maintenance manager, who organised the above recent works.



 [carehome.co.uk](http://www.carehome.co.uk)

We currently have a score of 9.2 on [www.carehome.co.uk](http://www.carehome.co.uk)

If you would like to leave a review for us and have not done so in the last year we would really appreciate it. It is a little like Trip Advisor for the care sector and the more reviews we receive go towards an unofficial overall rating score. It is a good platform to leave feedback.

[carehome.co.uk](http://www.carehome.co.uk) - reviews

From there click on "Submit a Review" and you will be able to review us. We also have prepaid review cards if you prefer not to use an online platform. Thanks everyone – we appreciate your support.

## Relatives & Friends Meeting

We are hosting an informal Relatives & Friends Meeting on **Tuesday 19<sup>th</sup> July at 6.30pm until 7.30pm**. If you would like to attend and have not informed the main office, please do let us know as this is a great opportunity to hear the Home's latest news, meet other relatives and friends and discuss any items you may have. We will provide drinks and nibbles and there will be an agenda.

## Royal Hospital Chelsea In Pensioners Band

On behalf of our Chairman, Trustees, Staff and Residents we would like to say a huge thank you to Major Phil Shannon of The Royal Hospital Chelsea, who has headed up the incredible Chelsea Pensioners' Band for a number of years. He has recently retired and therefore, finally hung up his baton. Over the past 11 years, Phil and the Band have provided some truly wonderful music for us and unfortunately as far as we know at this present time, The RHC, will not be continuing with the Band. Thank you Phil for all you have done for us; it has been such a treat. Wishing Phil and his wife a very happy and healthy retirement.



Sandra, Amie & Vidya before grappling Ann to the ground for her 99 – they'll do anything for ice cream

### Staff News

We are delighted to inform you that we have a new member of the care team; Louise has joined us and she will be working Mondays-Wednesdays 15.00-21.00hrs. Welcome Louise and good luck.

### Birthdays

A very popular month for birthdays. Many happy returns to the following residents:

- 5<sup>th</sup> July – Audrey
- 8<sup>th</sup> July – Sally
- 9<sup>th</sup> July – Lynne
- 19<sup>th</sup> July – Cliff

Have a marvellous day folks.

### What's Coming Up?

Please refer to our full diary of events at the back. We are very pleased to advise that we are welcoming back Music in Hospitals, which is the organisation who supply professional entertainers and we are thrilled to confirm we have booked Alistair, a singer and pianist for the below date.

Other key dates for your diaries:

- Residents Meeting – Monday 4<sup>th</sup> July at 11.00am
- Rainbow Tea Party – Tuesday 12<sup>th</sup> July at 4.30pm
- Liliana, Florist – Thursday 14<sup>th</sup> July at 2.30pm
- Stella, the chiropodist – Monday 18<sup>th</sup> July all day
- Alistair, singer & pianist (Music in Hospitals) – Thursday 28<sup>th</sup> July at 11.00am



Beryl enjoys the Jubilee events



Our hugely popular floristry class



## A Family Reunion



1961 EDIE PAT

Edie had a lovely surprise recently. Her younger sister Pat, who lives in Indiana in the States, popped in with two of her daughters for a wonderful impromptu reunion.

After the war Pat, who lived in the family home in Scotland, met a very charming American marine, who was based nearby. They fell in love and eventually the small family moved back to the States where she settled down to enjoy family life. She visited with two of her daughters: Nora and Tiffany. Nora was actually born in Scotland which she is exceptionally proud of.

Edie and Pat have not seen each other for over 50 years (1972 to be precise was the last year) and as you can see from the photograph below it was an extremely happy occasion!

Thank you to Edie's daughters who provided the back story and marvellous photograph of both Edie and Pat when they were young women back in 1961. How beautiful and glamorous do they look. Wonderful.



The Reunion – (from left) Nora, Tiffany, Edie & Pat



## Summer Splendour by the Sea By Patricia L Cisco



Summer's splendour by the sea,  
a gentle, blue serenity.

Caressing rays of golden sun,  
blushing, bronzing all who come.

Enticed by its romantic lure,  
lovers stroll the sandy shore.

Hushing rhythm of the waves  
and salty, misty ocean sprays.

Sea birds echo call of cries,  
pierce the deep blue azure skies.

Dolphins dancing on their way  
across the sea out to the bay.

A glistening, shiny, sun-soaked day.  
All young and old alike at play,

building castles by the sea,  
jumping waves and spirits free.

No place on earth as perfect to be  
as summer's splendour by the sea!



### Social Media

Follow us on Instagram and Twitter for all the latest photos and news as well as our website  
[www.royalcambridgehome.org](http://www.royalcambridgehome.org)

### Useful Telephone Contacts

**We are a proud equal opportunities employer and Living Wage Employer. We value and respect every single member of our team and equally we expect that in return. Thank you.**

*Welcoming everyone, regardless of disability, pregnancy, age, sex, gender reassignment, marital status, race, sexual orientation or religion*

**LGBTQ+** (Lesbians, Gays, Bisexuals, Transgender, Queer (or sometimes questioning) and others) **Switchboard** – 0300 330 0630  
**Citizens Advice Bureau** – 01932 248660  
**Alzheimer's Society** – 01372 729988  
**Safeguarding Advisor** – 07968 834157  
**Mental Health Services** – 01372 203400

*A more extensive list of our local advocacy services is in the hallway and main office should you need them.*

# July Diary 2022

	Morning	Afternoon
Friday 1	Grace, the Hairdresser	2.30pm – Friday Bingo
<b>Saturday 2</b>		
<b>Sunday 3</b>		
Monday 4	11.00am – Residents' Meeting	2.30pm – Bingo
Tuesday 5	10.30am – Keep Fit	2.30pm – Quiz
Wednesday 6	10.30am – Group Sing-Along Garden	2.30pm – Skittles
Thursday 7	10.30am – Keep Fit	2.30pm – Residents' Choice
Friday 8	Grace, the hairdresser Gay's Games	2.30pm – Friday Bingo
<b>Saturday 9</b>		
<b>Sunday 10</b>		
Monday 11	10.30am – Tea & Cake in garden	2.30pm – Bingo
Tuesday 12	10.30am – Keep Fit	4.30pm – Rainbows Tea Party
Wednesday 13	10.30am – River Stroll & Coffee & Cake	2.30pm – Arts & Crafts
Thursday 14	10.30am – Knitting Club	2.30pm – Liliana, Florist
Friday 15	Grace, the hairdresser Gay's Games	2.30pm – Friday Bingo
<b>Saturday 16</b>		
<b>Sunday 17</b>		
Monday 18	Stella, the chiropodist	2.30pm – Bingo
Tuesday 19	10.30am – Keep Fit	2.30pm – Cake Decorating 6.30pm – Relatives & Friends Meeting
Wednesday 20	10.30am – Gardening Club	2.30pm – Quiz
Thursday 21	10.30am – Parachuting in the lounge	2.30pm – Residents' Choice
Friday 22	Grace, the hairdresser Gay's Games	2.30pm – Friday Bingo
<b>Saturday 23</b>		
<b>Sunday 24</b>		
Monday 25	10.30am – Seated Netball	2.30pm - Bingo
Tuesday 26	10.30am – Keep Fit	2.30pm – Activity Table
Wednesday 27	10.30am – Hoopla	2.30pm – Target Practice
Thursday 28	11.00am – Alistair, Singer & Pianist	2.30pm – Residents' Choice
Friday 29	Grace, the hairdresser Gay's Games	2.30pm – Friday Bingo
<b>Saturday 30</b>		
<b>Sunday 31</b>		

Please note, all activities may be subject to last minute changes and the great British weather. If you would like anything added or suggestions for forthcoming activities, please do let us know and we will see what we can do!