Home Matters

The newsletter for The Royal Cambridge Home

The Mission of The Royal Cambridge Home is to provide high quality and empathetic care to all our residents, with dignity, respect and compassion in a safe and happy environment.

November 2026

Welcome

Okay folks it is officially autumn as we said goodbye to summer as the clocks went back an hour. Slightly lighter mornings but darker nights as we head towards the latter part of the year.



We did have a lovely October with some very nice trips out. In particular we had an invite from our dear friends at Lady Eleanor Holles School who hosted us for a Wellbeing session at the school. They often send us invites for different events. One thing is for certain each new school year we see wonderful children who look after us and are fantastic ambassadors for the school.

Also, we all had a great time at the Hurst Park School Harvest Festival one afternoon. We consider ouselves incredibly lucky to be involved with the local community who welcome us with open arms and always with a smile.



We enjoyed a successful afternoon with Linnies Fashion who came over with a huge selection of clothing. Oh it was lovely! The noise of everyone gathered in the foyer area and looking through so many beautiful items was such a treat. We purchased some great pieces for the new season. They will be back again in early Spring folks. Also, don't forget if anybody wishes to place repeat purchases we can contact them and they will assist.

And what about our cover girls this month. Top right is the beautiful Marjorie. Marjorie is a delightful Border Terrier who is part of Betty's family. Well, she arrived looking very smart in her poppy so we could not wait for her to be November's model. Lovely isn't she.

And of course our other rather lovely cover girl is Sian. Sian is the daughter of Chrissy our Team Leader and also volunteers for the Home after school. She is very popular with our residents and they love to chat with her. She has a lot of talent and is currently completing her Silver Duke of Edinburgh Award. Thank you Sian and we wish you good luck with achieving your award.

New Resident

An official warm welcome to Roger who will be staying with us for the month of November.


Beryl P & Ann

Resident Birthdays

A very happy birthday to Beryl M who will be celebrating on Saturday 21st November. Have a wonderful day Beryl with love from all of us.


Iris

Residents' Post

Just a reminder folks that any post that is not dealt with by the Home we leave in a Relatives' Post Tray in Vicky's and the care teams' office. Also, if you receive any hospital or medical appointments please advise Vicky or the shift lead on duty. Thank you everyone.



Safe

We do have a Home safe, however, we try and keep this for cash and financial items, and we try and discourage this being used for any residents' belongings / jewellery etc. We always recommend relatives and next of kin take away any items that are not being worn by their resident for safe keeping if possible please. Thanks everyone.

Comments / Suggestions

As a reminder we have a Comments / Suggestions box in the main reception area, just as you come through the sliding doors on the right. If you have anything you would like to let us know about or suggest then please drop in a note. This can be anonymous if you wish. Both Rory and Vicky look at these regularly and where applicable, instigate changes. Recent items that have or will be actioned:

Suggestion	Action
Note to advise visitors to look into camera at the front door	Done.
Develop the gazebo area on the right hand side of the garden	We will be developing this part of the garden with a paved patio area for the gazebo, easily accessible for all mobilities.

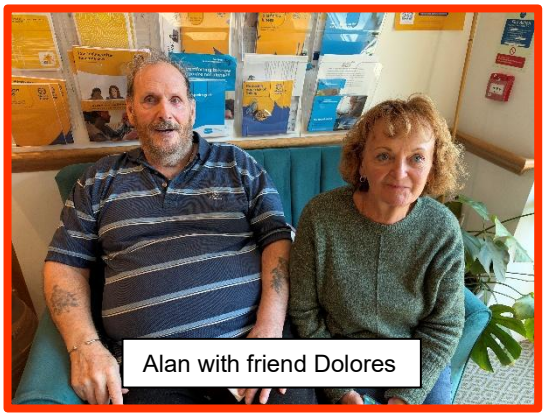
Car Park Area

We can confirm that the steps will be completed by early to mid-December. Thank you for your patience with this. Just a reminder to all our visitors that if you are parking on site please do leave your registration details in our sign in book.


Chris

New Minibus Driver

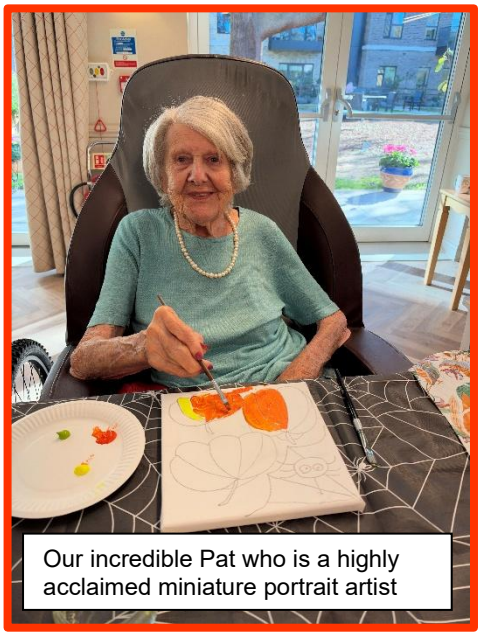
We are delighted to announce that after a long search we have found a lovely new Bank Minibus Driver as part of our team who are qualified and experienced to drive our minibus. This is a big responsibility as you can imagine. His name is Chris and he will be the driver when we attend The Royal Albert Hall on Saturday 7th November for The Festival of Remembrance. Chris has many years of experience and most importantly is an excellent driver and very calm. Literally, welcome on board Chris!


Alan with friend Dolores


Janet


Laura, our artist




Our incredible Pat who is a highly acclaimed miniature portrait artist

At Day-Close in November

by

Thomas Hardy

The ten hours' light is abating,
And a late bird wings across,
Where the pines, like waltzers waiting,
Give their black heads a toss.

Beech leaves, that yellow the noon-time,
Float past like specks in the eye;
I set every tree in my June time,
And now they obscure the sky.

And the children who ramble through here
Conceive that there never has been
A time when no tall trees grew here,
A time when none will be seen.





What's coming up…

Our activities team comprising of Gay and Tina, are always looking for new ideas and will often trial out new professional entertainers to come in. Recently, following a trial, they are delighted to announce that on Fridays from November we will have a brand-new exercise lady called Clare from BB Seated Exercise who will come in every Friday at 2pm. This is a terrific addition to our diary.

Another new activity is the Juke Box Cornucopia of the 60's Presentation, which will take us all back to this swinging era, focussing on the culture and music of the time. Do join us on Wednesday 25th November at 10.30am.

Also, new to the diary is something rather special; Tina has booked, as a trial, a team of professional belly dancers to entertain us! How exciting. They will be in on Thursday 19th November at 6.30pm.

The main diary is at the back of the newsletter for the full suite of activities but below we have highlighted a few items you may wish to mark in your diaries. Please note that activities take place in the Ground Floor Lounge unless specified.

- **Residents' Meeting –** Tuesday 3rd November at 10.30am
- **Simon, the Barber –** Wednesday 4th November at 10.00am in the Salon
- **Liam, professional singer –** Thursday 5th November at 11.00am
- **Firework Display –** Thursday 5th November at 4.30pm – viewings from all communal lounges
- **Diwali Party –** Monday 9th November from late morning
- **Remembrance Day –** Wednesday 11th November – Two minutes' silence at 11.00am
- **Laura, Art Session –** Thursday 12th November at 11.00am
- **Birds of Prey Experience –** Tuesday 17th November at 10.30am
- **Brian, Pianist –** Tuesday 17th November at 2.00pm
- **Stirring the Christmas Pudding –** Wednesday 18th November at 11.00am
- **Belly Dancers –** Thursday 19th November at 6.30pm
- **Rainbow children visit –** Tuesday 24th November at 4.30pm
- **Cornucopia of the 60's (A presentation) –** Wednesday 25th November at 10.30am

PS – For all our visitors: *As a recommendation do please check our diary of events at the back of each newsletter so that your visits do not clash with some of our wonderful entertainment, in particular when professional entertainers are booked. Plus we would hate for you to arrive and find out your relative/friend has gone out on one of our trips. If you are ever unsure please do give us a call and we would be more than happy to advise. And of course, you are all more than welcome to join us for any of our incredible in-house entertainment!*

Social Media - Follow us on Instagram for all the latest photos and news as well as our website **www.royalcambridgehome.org**

Useful Telephone Contacts

We are a proud equal opportunities employer and Living Wage Employer. We value and respect every single member of our team and equally we expect that in return. Thank you.

Welcoming everyone, regardless of disability, pregnancy, age, sex, gender reassignment, marital status, race, sexual orientation or religion

LGBTQ+ (Lesbians, Gays, Bisexuals, Transgender, Queer (or sometimes questioning) and others) **Switchboard** – 0300 330 0630
Citizens Advice Bureau – 01932 248660
Alzheimer's Society – 01372 729988
Safeguarding Advisor – 07968 834157
Mental Health Services – 01372 203400
A more extensive list of our local advocacy services is in the hallway and main office should you need them.

November 2026 Diary

Date	Morning	Afternoon
Sunday 1	Residents' Choice / One-to-Ones	
Monday 2	11.00am – Manicures & Hand Massages	1.30pm – Knit & Natter
Tuesday 3	10.30am – Residents' Meeting 11.15am – Photoshoot	2.00pm – Quiz
Wednesday 4	**10.00am – Simon, the Barber** 10.30am – Minibus trip out	2.00pm – Scrabble
Thursday 5	**11.00am – Liam, Singer**	**4.30pm – Fireworks Display**
Friday 6	**Grace, the Hairdresser**	**2.00pm – Clare, BB Seated Exercise**
Saturday 7	**AM – Festival of Remembrance at The Royal Albert Hall** Residents' Choice / One-to-Ones	
Sunday 8	Residents' Choice / One-to-Ones	
Monday 9	Diwali Party Celebrations	
Tuesday 10	AM – Luna, PAT Dog & Claire	2.00pm – Drive to Richmond Park
Wednesday 11	**11.00am Remembrance 2-minute silence**	2.15pm - Bingo
Thursday 12	**11.00am – Laura, Art Session**	2.00pm – Shopping Trolley
Friday 13	**Grace, the Hairdresser**	**2.00pm – Clare, BB Seated Exercise**
Saturday 14	Residents' Choice / One-to-Ones	
Sunday 15	Residents' Choice / One-to-Ones	
Monday 16	Vera, PAT Dog & Diana	**2.00pm – HCS Poetry Readers**
Tuesday 17	**10.30am – Birds of Prey Experience**	**2.00pm – Brian, Pianist**
Wednesday 18	11.00am – Stirring the Christmas Pudding	2.00pm – Film Afternoon
Thursday 19	**10.30am – St Paul's Coffee Shop Stop**	**6.30pm – Belly Dancers Entertainment**
Friday 20	**Grace, the Hairdresser**	**2.00pm – Clare, BB Seated Exercise**
Saturday 21	**Beryl M's Birthday** Residents' Choice / One-to-Ones	
Sunday 22	Residents' Choice / One-to-Ones	
Monday 23	11.00am – Manicures & Hand Massages	1.30pm – Knit & Natter
Tuesday 24	Luna, Pat Dog & Claire	4.30pm – Rainbows Visit
Wednesday 25	**10.30am – Cornucopia of the 60's Presentation**	2.00pm – Jigsaws & Scrabble
Thursday 26	11.00am – Hymns & Prayers with Rev. Anne	2.00pm – Bingo
Friday 27	**Grace, the Hairdresser**	**2.00pm – Clare, BB Seated Exercise**
Saturday 28	Residents' Choice / One-to-Ones	
Sunday 29	Residents' Choice / One-to-Ones	
Monday 30	11.00am – Manicures & Hand Massages	2.00pm - Quiz

All outdoor activities are subject to the great British weather! 😊