Home Matters

The newsletter for The Royal Cambridge Home

The Mission of The Royal Cambridge Home is to provide high quality and empathetic care to all our residents, with dignity and compassion in a safe and happy environment.

Sensational September 2026

Welcome

Beryl O

Where has the time gone folks! Each month when we prepare the newsletter we have a little look back and then focus on what's coming up for the coming month. At this time of the year we always feel a slight tinge of sadness as it very much feels as though the September month signifies the end of summer…but what a summer!

As this newsletter goes to print we are finally experiencing rain after weeks and weeks of often sweltering, dry days of endless blue sky and long days. We did our usual and complained about the heat and lack of rain but really it was unbelievable and we are quite sure this summer will be one we all look back on and remember. And wasn't it a challenge watering the garden! However, the rain is very much needed and as the late and great Dolly Parton said "The way I see it, if you want the rainbow, you gotta put up with the rain." Ah Dolly, we will miss you...

Looking back we have had some wonderful entertainment. As ever, it was a mixture of both our in-house activities team putting on some great activities and outings, including a lovely impromptu minibus trip to Bushy Park for ice creams on a day when the temperature was in the mid 20's, which felt wonderful. We had a mixture of our visiting professional musical entertainers, which is always a huge treat for both residents and staff.

Frances

New to the diary last month was Laura, who carried out an art session for us, which was a relaxing and creative morning, with some wonderful results at the end. We have a handful of residents who have an artistic background so we really were amongst talent. Aren't we lucky to have such a mixture of fantastic sessions with something for everyone to enjoy.

Also, huge thanks to Alain, our chef, who braved the heat one lunchtime to put on a lovely BBQ. Honestly, we normally complain about cold and rain during our normal summers but this year it has mainly been too hot!

And finally, our thanks as ever, to Seton and his marvellous team of gardeners who have somehow managed to keep our stunning back garden looking beautiful in this challenging heat. It's certainly been a bumper year for our potted geraniums.

New Residents

We extend a very warm Royal Cambridge welcome to Dorothy who came in at the end of August and during mid September we will be opening the doors to Iris. Looking forward to having you both join us. Enjoy ladies.

Resident Birthdays

Happy birthday to the following lovely three residents who will be celebrating their special days with us, with party buffets and cake:

23rd September – Anne B
25th September – Liz
27th September - Pat

Enjoy your special days ladies.

Manager's Drop-In

Rory will be hosting the next session on **Monday 28th September from 6-7pm.** This is an opportunity for anyone to have a catch up with Rory if they wish and is open to all our relatives and friends of our residents and indeed our residents. There is no need to book just pop along to his office.

Neighbours

Sheppard Trust, our soon to be new neighbours, are finally hurtling towards the finishing line of their beautiful new building, which marks the end of the total development of what once was 82-84 Hurst Road (the original East Molesey site for The Royal Cambridge Home). For those that don't know, we owned all the land and after many years in the planning we sold off two thirds of the land to Sheppard Trust, and had our gorgeous new building built for us on what was the area on No. 84. Sheppard Trust will be opening up and welcoming their residents to their new building at No. 82 over the next couple of months. Like us, they are an independent charity with a good ethos, and we are all looking forward to having neighbours at long last. They are completely separate to us, however, we have got to know them quite well over the years the whole site has been in the planning and ultimately developed, and they are very nice people indeed, and although both of us are independent, there will of course be the "coming together" of both organisations from time-to-time. For anyone interested in finding out a little more about this unique charity please refer to their website:
The Sheppard Trust | Sheltered homes for older women in housing need

As a consequence, the car park will be opening up soon and as promised, there will be a few extra spaces on a first come, first come basis. If you're going out for lunch please do check with reception to ensure we have space in the car park and let us know you will going off site. Thank you All.

Maria

Family & Friends App

A reminder to all family and friends that we have an app which allows you to keep up-to-date with activities your relative / friend has taken part in and you can also see a summary of their care plan. There are other exciting features too. If anyone is interested in joining that has not already done so, please let either Rory, Vicky or the main office know and we will be delighted to set you up. It is well worth doing.

Gay & Tina (also known as Thelma & Louise) head off to Bushy Park with a few of us on board

What's coming up…

Below is a snapshot of some of the items you may like to mark in your diaries. All activities take place in the main lounge unless otherwise specified. Don't forget to check the main diary at the back for a full list.

PS – For all our visitors: *As a recommendation do please check our diary of events at the back of each newsletter so that your visits do not clash with some of our wonderful entertainment, in particular when professional entertainers are booked. Plus we would hate for you to arrive and find out your relative/friend has gone out on one of our trips. If you are ever unsure please do give us a call and we would be more than happy to advise. And of course, you are all more than welcome to join us for any of our incredible in-house entertainment!*

- **Andy, the chiropodist –** Tuesday 1st – From 10.00am
- **GARDEN PARTY –** Thursday 3rd – From 2pm
- **Residents' Meeting –** Monday 7th at 11.00am
- **The Revellaires –** Monday 7th at 7.45pm
- **Hampton Court Visit –** Wednesday 9th – AM departure
- **Doris Day Dream entertainer –** Tuesday 15th at 2.15pm
- **Liam, professional singer –** Thursday 17th at 11.00am
- **Harry, professional opera singer –** Monday 21st at 11.00am
- **Brian, the pianist –** Tuesday 22nd at 2.00pm
- **Chris, professional soul singer –** Wednesday 23rd at 6.30pm
- **MacMillan Coffee Morning –** Thursday 24th at 11.00am
- **Garrick Theatre Singers –** Thursday 24th at 2.15pm
- **Armchair Yoga –** Wednesday 30th at 2.00pm

Shane, Gay & Vicky surround Usha for her birthday photo

The wonderful U3A Jazz Band on a recent visit and our enchanted audience

"Music gives a soul to the universe, wings to the mind, flight to the imagination and life to everything." — Plato

September by Helen Hunt Jackson

The golden-rod is yellow
The corn is turning brown
The trees in apple orchards
with fruit are bending down.
The gentian's bluest fringes
are curling in the sun
In dusty pods the milkweed
its hidden silk has spun.
The sedges flaunt their harvest
in every meadow nook
And asters by the brook-side
Make asters in the brook.
From dewy lanes at morning
the grapes' sweet odours rise
At noon the roads all flutter
with yellow butterflies.
By all these lovely tokens
September days are here
with summer's best of weather
and autumn's best of cheer.
But none of all this beauty
which floods the earth and air
is unto me the secret
which makes September fair.
'T is a thing which I remember
To name it thrills me yet:
One day of one September
I never can forget.

Social Media - Follow us on Instagram for all the latest photos and news as well as our website **www.royalcambridgehome.org**

Useful Telephone Contacts

We are a proud equal opportunities employer and Living Wage Employer. We value and respect every single member of our team and equally we expect that in return. Thank you.

Welcoming everyone, regardless of disability, pregnancy, age, sex, gender reassignment, marital status, race, sexual orientation or religion

LGBTQ+ (Lesbians, Gays, Bisexuals, Transgender, Queer (or sometimes questioning) and others) **Switchboard** – 0300 330 0630
Citizens Advice Bureau – 01932 248660
Alzheimer's Society – 01372 729988
Safeguarding Advisor – 07968 834157
Mental Health Services – 01372 203400
A more extensive list of our local advocacy services is in the hallway and main office should you need them.

September 2026 Diary

September	Morning	Afternoon
Tuesday 1	**10.00am – Andy the chiropodist** 11.00am – Luna, the PAT dog	2.00pm – Activity Table
Wednesday 2	11.00am – Memory Ball	**2.00pm – Dawn, G Fitness**
Thursday 3	**2.00-4.30pm GARDEN PARTY**	
Friday 4	**Grace, the hairdresser**	2.00pm – Residents' Choice
Saturday 5	**Residents' Choice / One-to-Ones**	
Sunday 6	**Residents' Choice / One-to-Ones**	
Monday 7	11.00am – Residents' Meeting	2.00pm – Residents' Choice **7.45pm – The Revellaires**
Tuesday 8	11.00am – Manicures	2.00pm – Residents' Shop
Wednesday 9	**AM – Trip to Hampton Court**	**2.00pm – Dawn, G Fitness**
Thursday 10	11.00am - Bingo	2.00pm – Residents' Choice
Friday 11	**Grace, the hairdresser** 10.30am – Vera, the PAT dog	2.00pm – Residents' Choice
Saturday 12	**Residents' Choice / One-to-Ones**	
Sunday 13	**Residents' Choice / One-to-Ones**	
Monday 14	11.00am – Manicures	2.00pm – Manicures
Tuesday 15	11.00am – Luna, the PAT dog 11.00am – Communion with Rev. Anne	**2.15pm – Doris Day Dream**
Wednesday 16	**Grace, the hairdresser** 11.00am – Flower Crafting	**2.00pm – Dawn, G Fitness**
Thursday 17	**10.30am – Coffee Stop at St Paul's** **11.00am – Liam, professional singer**	2.00pm – Jigsaw Puzzles
Friday 18	11.00am – Residents' Choice	2.00pm – Residents' Choice
Saturday 19	**Residents' Choice / One-to-Ones**	
Sunday 20	**Residents' Choice / One-to-Ones**	
Monday 21	**11.00am – Harry, the opera singer**	2.00pm - Manicures
Tuesday 22	11.00am – Quiz	**2.00pm – Brian, the pianist**
Wednesday 23	10.00am – Simon, the barber 11.00am – Poetry Reading	**2.00pm – Dawn, G Fitness**
Thursday 24	**11.00am – MacMillan Coffee Shop**	**2.15pm – Garrick Theatre Singers**
Friday 25	**Grace, the hairdresser**	2.00pm – Residents' Choice
Saturday 26	**Residents' Choice / One-to-Ones**	
Sunday 27	**Residents' Choice / One-to-Ones**	
Monday 28	11.00am – Manicures	2.00pm - Manicures
Tuesday 29	AM – Luna PAT dog 11.00am – Bingo	2.00pm – Scrabble
Wednesday 30	AM – Minibus Trip	**2.00pm – Armchair Yoga**

All outdoor activities are subject to the great British weather! 😊